

Medical expenses paid for an artificial limb are reimbursable

_____ The amount paid for the cost of special hand controls and other special equipment installed in an automobile for the use of a handicapped person is reimbursable. The amount paid for the cost of handicapped stickers or tags is reimbursable.

_____ The amount by which the cost of an automobile specially designed to hold a wheelchair is more than the cost of a regular automobile is reimbursable.

The cost difference between Protein formulas and soybean formulas and non milk formulas are reimbursable if you have a prescription or a certification from the baby's doctor noting that this particular formula is necessary for the child's well being.

Expenses paid for the purchase of batteries are reimbursable when they are used for the sole purpose of an item that is also covered. This would include, but not be limited to, batteries for blood pressure machines, wheelchairs, heart defibrillators, hearing aids, etc. Request for reimbursement should include a description of the item the batteries are purchased for.

Medical expenses paid for birth control pills, injections, condoms and devices are reimbursable.

Blood cord storage for immediate use to cure or treat a specific medical condition is eligible for reimbursement. If storage is for possible future use for disease or disorders that do not currently exist, it is not reimbursable.

The cost of electronic body scans is reimbursable.

The amount by which the cost of Braille books and magazines for use by a visually impaired person exceeds the price for regular books and magazines is reimbursable.

See Cosmetic Surgery and Procedures

Breast pumps and supplies are reimbursable.

Counseling must be performed to alleviate or prevent a physical or medical defect or illness. Eligibility is determined by the nature of the treatment and not the license of the practitioner:

- **Bereavement and grief counseling is eligible**
- **Nonlicensed therapist counseling is eligible, but it must be for medical care**
- **Psychotherapy and psychoanalysis are eligible**
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Diapers (eg, Depends™) for a handicapped or disabled child or adult are reimbursable

The cost of devices used in diagnosing and treating illness and disease are reimbursable

Example You have diabetes and use a blood sugar test kit to monitor your blood sugar level. You can include the cost of the blood sugar test kit in your medical expenses

The costs of dietary supplements taken for general well-being are not reimbursable; however, the costs of supplements taken to alleviate a specific medical condition are reimbursable

Note Expenses must be accompanied by a doctor's certification indicating the specific medical disorder; the specific treatment needed; and how this treatment will alleviate the medical condition

Fees paid to doctors are reimbursable. This includes, but is not limited to, fees paid to a(n):

- Anesthesiologist
 - Chiropract
 - Chiropractor
 - Christian Science Practitioner
 - Dentist
 - Dermatologist
 - Gynecologist
 - Neurologist
 - Obstetrician
 - Oculist
 - Ophthalmologist
 - Optician
 - Orthodontist
 - Orthopedist
 - Osteopath
 - Pediatrician
 - Physician
 - Physiotherapist
 - Podiatrist
 - Psychiatrist
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- **Charges for transfer of medical records are eligible**
 - **Charges for use of facility for blood B**

Expenses paid for a child whose primary purpose is for delivery of the infant are reimbursable. Charges when the primary purpose is child care after delivery are not covered.

See Medication

See Alcoholism, Drug and Substance Abuse

The costs of buying training and maintaining a guide dog or other service animal to assist a visually/hearing impaired person, or a person with other physical disabilities are reimbursable

Note Expenses must be accompanied by a doctor's certification indicating the specific medical disorder; the specific treatment needed, and how this treatment will alleviate the medical condition

Surgical hair transplants are reimbursable unless deemed medically necessary because of trauma, injury, disease, or genetic defect

Health club dues, YMCA® dues, or amounts paid for steam baths for general health to relieve physical or mental discomfort are not reimbursable

You can include in medical expenses fees you pay for treatment at a health institute only if the treatment is prescribed by a physician

Note Expenses must be accompanied by a doctor's certification indicating the specific medical disorder; the specific treatment needed, and how this treatment will alleviate the medical condition

The cost of a hearing aid and the batteries needed to operate the aid are reimbursable. A telephone or television adapter for the deaf, lip reading lessons and hearing exams are reimbursable

The costs of habits taken for general well-being are not reimbursable. However, the costs of habits taken to alleviate a specific medical condition are reimbursable

Note Expenses must be accompanied by a doctor's certification indicating the specific medical disorder; the specific treatment needed, and how this treatment will alleviate the medical condition

Amounts paid for home medical tests such as pregnancy test, ovulation test and kits, semen analysis kits, and drug tests are reimbursable

Expenses incurred as a hospital inpatient or out-patient for laboratory, surgical and diagnostic services are reimbursable

Expenses for maternity clothes are not reimbursable

Expenses paid for a maternity support band are reimbursable

Mattresses and mattress boards for the treatment of a specific medical condition are reimbursable

Note: Expenses must be accompanied by a doctor's certification indicating the specific medical disorder, the specific treatment needed, and how this treatment will alleviate the medical condition

See Lodging: You can only include meals that are part of inpatient care

Air conditioners, central air, heaters, humidifiers, or air purifiers, which are home installations for the purpose of relieving an allergy or difficulty in breathing due to a medical condition, are Eligible Medical Expenses

- **The maintenance cost for operating the devices (eg, electricity for air conditioner use) is also an Eligible Medical Expense**
- **The maintenance cost for a home swimming pool for a person suffering from emphysema may be considered an Eligible Expense. An appraisal of the property value before and after installation is required with submission. Only the portion of the expense that exceeds the increase in property value is eligible as a medical expense**
- **Furnace air filters are eligible**
- **Warranties are eligible**

Note: Expenses must be accompanied by a doctor's certification indicating the specific medical disorder; the specific treatment needed; and how this treatment will alleviate the medical condition

Amounts paid to a plan that keeps medical information in a computer database and retrieves and furnishes the information upon request to an attending physician are reimbursable

Starting January 1, 2011, eligible expenses that will require a doctor's prescription for reimbursement may include, but are not limited to acetaminophen, acne products, allergy products, antacids, antihistamines, antibiotic ointments/ointments, anti-fungal foot sprays/ointments, aspirin, baby care products, cold remedies (including shower vapor tabs), cough syrups and drops, medicated eye and ear drops, ibuprofen, laxatives, migraine remedies, motion sickness, nasal sprays, pain relievers, sleep aids, teething gels, and topical ointments for itching, stinging, burning pain relief, such as healing or insect bites.

Items that will continue to be eligible without a doctor's prescription after January 1, 2011 include, but are not limited to band-aids, bandages and wraps, braces and supports, catheters, contact lens solutions and supplies, contraceptives and family planning items, denture adhesives, insulin and diabetic supplies, diagnostic tests and monitors, and first aid supplies, provide and rubbing alcohol.

Amounts paid for oxygen or oxygen equipment to relieve breathing problems caused by a medical condition is reimbursable.

See Transportation

Items ordinarily used for personal living and family purposes only if it is used primarily to prevent or alleviate a disease or disability and you would not have had the expense were it not for the medical condition are reimbursable.

- **Diapers (eg, Depends™) are eligible if they are needed to relieve the effects of a particular disease.**
- **Hospital kits are eligible.**
- **Special Baby Formula** The cost difference between protein formulas, soybean formulas, and iron milk formulas is eligible if you have an Rx or a certification from

See Artificial limb

Expenses for psychiatric care are reimbursable. These expenses include the cost of supporting a mentally ill dependent at a specially equipped medical center where the dependent receives medical care.

Expenses for psychoanalysis are reimbursable. See COUNSELING.

Expenses for psychological care are reimbursable. See COUNSELING.

Expenses incurred to remove a dependent from the residence are reimbursable.

Dues to join a club that offers discounts on health items is not reimbursable (i.e. a pharmacy savings club).

Payments to a school for a mentally impaired or physically disabled person are reimbursable if the reason for using the school is its resources for relieving the disability. For example, the cost of a school that teaches Braille to the visually impaired, lip reading to the hearing impaired, or gives remedial language training to correct a condition caused by a birth defect is reimbursable.

- **The cost of meals, lodging, and education supplied by a school or institution is eligible as a medical expense only if the reason for the patient being on site is the resources the school has for relieving the mental or physical disability.**
- **The cost of sending a problem dependent to a school for benefits the dependent may get from the course of study and disciplinary methods is an Eligible Expense.**
- **The cost of attending school while recuperating from an illness is an Eligible Expense.**
- **The cost to prepare a dependent to live alone or become self-sufficient in the future would be eligible.**

Smoking is considered an addiction therefore the cost of a program or prescription medication to stop smoking is reimbursable; however non prescription medicines reimbursable Most stop smoking patches and gum are non prescription and therefore reimbursable

The costs of special foods and/or beverages- even if prescribed- that substitute for other foods or beverages which a person would normally consume and which satisfy nutritional requirements (such as the consumption of bananas for potassium), are not reimbursable; However, prescribed special foods or beverages are reimbursable if they are consumed primarily to alleviate or treat an illness or disease, and not for nutritional purposes. Special foods and beverages are reimbursable only to the extent that their cost is greater than the cost of the commonly available version of the same product.

Note: Expenses must be accompanied by a doctor's certification indicating the specific medical disorder, the specific treatment needed, and how this treatment will alleviate the medical condition.

Speech/Voice therapy expenses are reimbursable if rendered for developmental delay or is restorative or rehabilitative in nature.

Expenses paid for sports orotics are reimbursable.

Note: Expenses must be accompanied by a doctor's certification indicating the specific medical disorder, the specific treatment needed, and how this treatment will alleviate the medical condition.

The cost of legal sterilization is reimbursable. Vasectomy or tubal ligations are eligible.

See Alcoholism and drug abuse.

The costs of purchasing and repairing special telephone equipment that lets a hearing impaired person communicate over a regular telephone are reimbursable.

The cost of equipment that displays the audio part of TV programs as subtitles for the hearing impaired is reimbursable. This may include an adapter that attaches to a regular TV or the cost of a specially equipped TV in excess of the cost of the same model regular TV set.

Therapy you receive as medical or mental treatment is reimbursable

- **Massage for a specific disorder is reimbursable**
- **_____**: Payments made to an individual for giving patterning exercises to a mentally handicapped dependent are reimbursable. These exercises consist of physical manipulation of the dependent's arms and legs to initiate crawling and other normal movements.

Note: Expenses must be accompanied by a doctor's certification indicating the specific medical disorder; the specific treatment needed; and how this treatment will alleviate the medical condition.

Expenses you pay for medical care you receive because you are a donor or a possible donor of a kidney or other organ, this includes transportation are reimbursable. You can include any expenses you pay for the medical care of a donor in connection with the donating of an organ. This includes donor transportation.

Amounts paid for transportation primarily for and essential to medical care is reimbursable. Proof of medical care is required. An individual may be reimbursed \$16 per mile (or the maximum amount allowed by the IRS) or actual care expenses when traveling in his/her own vehicle to obtain medical care. Mileage documentation is required. The cost of tolls and parking can be added to this amount. This includes:

Amounts you pay for transportation to and from a city if the trip is primarily for and essential to receiving medical services are reimbursable. You may be able to include up to \$50 per night for lodging. You cannot include medical expenses as a tip or vacation taken merely for a change in environment, improvement of morale, or general improvement of health, even if the trip is made on the advice of a doctor; However, see MEDICAL CONFERENCES.

Tuition charges for a medically dysfunctional dependent are reimbursable. Tuition fees paid to a private school as a personal preference over public schooling for general education are not reimbursable. See LEARNING DISABILITY and SCHOOLS, SPECIAL.

Expenses for vaccines are reimbursable.

Expenses paid for the purchase of vapor units such as plug-in units or their refill cartridges are reimbursable.

Optometric services and medical expenses for eyeglasses and contact lenses needed for medical reasons are reimbursable. Eye exams and expenses for contact lens solutions are also reimbursable. However, premiums for contact lens or eyeglasses replacement insurance are not reimbursable. Other vision services that are covered are:

- contact lens cases
- corrective swimming goggles
- eye charts
- eyeglass cases
- eyeglass cleaning supplies such as cleaning cloths
- reading glasses
- eyeglass repair or repair kits
- safety glasses when the lens corrects visual acuity

Expenses paid for a walker to aid mobility and their accessories such as baskets for carrying items are reimbursable

Amounts you pay to lose weight if it is a treatment for a specific disease diagnosed by a physician (such as obesity, hypertension, or heart disease) are reimbursable. This includes fees you pay for membership in a weight reduction group as well as fees for attendance at periodic meetings.

You cannot include membership dues in a gym, health club, or spa as medical expenses, but you can include separate fees charged there for weight loss activities. You cannot include the cost of diet food or beverages in medical expenses because the diet food and beverages substitute for what is normally consumed to satisfy nutritional needs. You can include the cost of special food in medical expenses only if:

- 1. The food does not satisfy normal nutritional needs**
- 2. The food alleviates or treats an illness, and**
- 3. The need for the food is substantiated by a physician**

The amount you can include in medical expenses is limited

- **Au Pair Agency Fees- Required application or agency fees or deposits that are paid in connection with the actual placement of an au pair or other caregiver**
- **Expenses for a day care center; summer day camp or preschool. The facility must be licensed under state or local law if it cares for seven or more children**
- **Expenses for an unlicensed day care center that cares for six or fewer children**
- **Expenses at an adult day care facility (but not expenses for overnight, nursing home facilities).**
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